

# INTERNATIONAL EDUCATION WEEK

FALL 2022

NOV 14 - NOV 18

MON  
NOV 14

## FLOURISHING IN THE U.S. EDUCATION SYSTEM

**Time: 5-6pm**

**Location: International Center Conference Room**

You've made it to UF. Now, what can you do to achieve your academic goals? This workshop is designed for students who have questions or concerns about how to not only survive, but flourish in UF's academic environment. It will cover topics such as community, mentors, and go over campus resources available to students. Presented by Dr. Michael Kung.

TUE  
NOV 15

## DRAW YOUR PLATE: FOOD & FAMILY IN ASIAN CULTURES

**Time: 12-1pm**

**Office of Asian Pacific Islander Desi Student Engagement, Reitz 2215**

Come join us to discuss the importance of food and community in Asian culture and how they shape our identities! Grab a cup of chai and some snacks. Have a fun time drawing your favorite family meal and sharing the story behind it! Follow us on Instagram @ufapidse for updates.

## INTERNATIONAL TEA TIME

**Time: 5-6pm**

**Location: Maguire Village Commons**

Come meet, talk with, and simply spend time getting to know one another. It's a great opportunity to learn about other people and make friends from around the world. Potential topics include challenges and successes adjusting to another culture, English-speaking anxiety, building a community, fun things to do in Gainesville, etc.

Domestic students are welcome to attend as well.

WED  
NOV 16

## STRESS-LESS SOCIAL WITH GATORWELL

**Time: 1-3pm**

**Location: Reitz Union Amphitheater**

Come join GatorWell for a Stress Less Social where you can engage in stress management strategies and learn about improving social connections. The event will be at the outside Amphitheater by the Reitz Union Pond from 1-3pm on Wednesday, November 16th. We hope you will join us! Follow GatorWell on social media @UFGatorWell for updates and to learn about our other happenings.

## F-2 SPOUSES SUPPORT SPACE

**Time: 5-6pm**

**Location: Maguire Village Commons**

Moving to a new country is a lot, even with the accompany of significant others. The Counseling and Wellness Center is here to support you. In these sessions, we will discuss important topics for F-2 spouses (e.g., relationships and cross-cultural adjustment). Additionally, come meet other F-2 spouses and have some fun together. This hybrid event is a safe place to share your experiences and to find a sense of community. Your wellness matters!

F-2

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## INTERNATIONAL GRAD STUDENTS MIX & MINGLE

**Time: 1:30-3:30pm**  
**Location: Heavener Hall 160**



## SHARE YOUR RESILIENCE SUCCESS STORIES

**Time: 5:30-6:30pm**  
**Location: International Center Conference Room**

Studying abroad is not easy, but our international students still manage to thrive. We invite you to come share with us your stories of navigating all kind of challenges as an international student, whether it be emotional, academic, social, financial, etc. Your stories can lift others up, empower your sense of self, and cultivate hope.



## MEET AND GREET WITH UF GATOR INTERNATIONAL FOCUS TEAM (UFGIFT)

**Time: 12-1pm**  
**Location: International Center Conference Room**



UF Gator International Focus Team (UF GIFT), a group of diverse campus service providers dedicated to supporting international students, invites international students to come talk to us about your experiences at UF and help us see what we can do to better serve you. It is a casual setting and food will be provided.

## POOL FOR INTERNATIONAL STUDENTS

**Time: 1-3pm**  
**Location: Reitz Union Game Room**

Come join Shu-Yi and Shinlay from the CWC to have some fun by playing pool at the Reitz Union. All skill levels are welcome! You will have an opportunity to meet other international students and learn about CWC resources. There is an 8-person limit for this in-person event. Please RSVP Shu-Yi Wang ([shuyiwang@ufl.edu](mailto:shuyiwang@ufl.edu)) if you would like to join us!

Sponsored by

**UF CWC, UF GIFT, UF International Center, GatorWell, UF Graduate School, College of Design, Construction and Planning, UF Graduate and Family Housing, and Asian Pacific Islander Desi Affairs (APIDA)**

