### **INTERNATIONAL EDUCATION WEEK 2021**

# **UF Gator International Focus Team (UFGIFT) International Education Week Events**

Monday **NOV 15** 5:00-6:00pm

#### **Cultural Expressions, Phrases, and Idioms**

Zoom link: ufl.zoom.us/j/5152251522?pwd=bzh5dmluOXZIQmdmcmE2TUFleitJdzO9
Each culture has its own cultural-specific sayings, such as "not my cup of tea" in English.
These expressions often allow us to know more about the culture in which they are embedded. We invite you to share a few casual idioms from your culture in this fun session.

Tuesday **NOV 16** 4:30-6:00pm

#### F-2 Dependents Support Space: Potluck (limited in-person spots)

Location: Maguire Village Commons

RSVP by sending an email to Shu-Yi Wang (shuyiwang@ufl.edu)

This session is for F-2 dependents. Bring one dish or snacks to share!

We encourage you to share the taste of your favorite food with us or just simply come to enjoy the time together.

Wednesday **NOV 17** 1:30-3:00pm & 4:00-5:00pm

#### **Unwind With GatorWell** (Gatorwell)

Time: 1:30 -3:00pm, Location: GatorWell Conference Room

Come de-stress and relax with stress ball making, essential oil kits, mandala coloring, and more! Stop by anytime during the event. No registration is required.

## International Students Career Lab: Jobs Search Strategies (Career Connection Center)

Time: 4:00-5:00pm, Location: Career Connections Center - Exploration Room

Where to find employers who will provide sponsorship?

How to put myself out there? How to connect with recruiters and hiring managers?

Is there any specific job board I should leverage?

What if I am interested in broader opportunities as a global talent?

This is the session, we will share and learn together.

Thursday **NOV 18** 1:30-2:00pm

#### Mindfulness Session With GatorWell (Gatorwell)

Sing up link: bit.ly/GWMindfulFall21

A 30-minute mindfulness session on Zoom free to all UF students.

Friday **NOV 19** 4:00-5:00pm

#### International Tea Time over Lunch (limited in-person spots)

**Location: Maguire Village Commons** 

RSVP by sending an email to Shu-Yi Wang (shuyiwang@ufl.edu)

Come meet, talk with, and simply spend time getting to know other students.

It's a great opportunity to learn about other people and make friends from around the world.

counseling.ufl.edu/iew-21

Sponsored by the UF Gator International Focus Team, The UF Counseling & Wellness Center, The UF Department of Housing and Residence Education, GatorWell, International Center & Career Connection Center











