HEALING AND TRANSFORMING RACIAL TRAUMA
in the counseling field

Speaker Series 2021 for Mental Health Professionals and Trainees
Weekly in March and April (alternating Tuesdays at 5:30PM & Mondays at 12 noon)

counseling.ufl.edu/healing-RT
Empathizing with Lived Experiences: A Pathway to Healing

Participants will be engaged by: being invited to look within themselves regarding difficult questions, being welcomed in moments to move from their minds to their hearts; and receiving tools to support meaningful conversations around race. It is important for counselors to realize their influence - how much unintentional harm they can do, as well as how much they can support and advocate for their clients. Talking through my lived experiences in therapy offers a powerful insight into some clients' needs on this topic, and also contains some golden nuggets for counselors as they strive to facilitate the healing process.

Upon successful completion of this session, participants will be able to...
1. Reflect on the therapeutic presence counselors can offer: increased self awareness
2. Assess who counselors may be perceived to be in the eyes of the client
3. Choose to empathize rather than to intellectualize ... recognize the importance of accepting and believing the person as they actually experienced it, not what the counselor imagines it to be

Natalya Bannister
She/her(s), Executive Director, PACE Center for Girls
MON. March 8
12 noon

Register:
bit.ly/healing-transforming-racial-trauma
The University of Florida’s Counseling & Wellness Center
Continuing Education Program Grievance Procedure

The Counseling & Wellness Center (CWC) is fully committed to conducting all activities in strict conformance with the American Psychological Association, American Counseling Association and National Association of Social Worker’s Ethical Codes. The CWC will comply with all legal and ethical responsibilities to be non-discriminatory in promotional activities, program content, and in the treatment of program participants. The monitoring and assessment of compliance with these standards will be the responsibility of the CE Chair(s) in consultation with the CWC Training Director and Committee.

While the CWC goes to great lengths to assure fair treatment for all participants and attempts to anticipate problems, there will be occasional issues that come to the attention of the CE Chair(s), and which require intervention and/or action on the part of the Chair(s). This procedural description serves as a guideline for handling such grievances.

When a participant (either orally or in written format) files a grievance and expects action on the complaint, the following actions will be taken:

If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put comments in written format. The CE Chair will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.

If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the participant may move to another program, and if provided with details about the complaint, the CE Chair(s) will provide feedback to the presenter(s) involved.

If the grievance concerns the CWC CE program, in a specific regard, the CE Chair(s) and Training Director will attempt to arbitrate. If the results of the arbitration are not satisfactory to the grievant, the Director will have the final discretion over the results of the grievance.

Please contact the CWC CE Coordinator(s) to submit a complaint. Names of the CE sponsors are available on the website.