Speaker Series 2021 for Mental Health Professionals and Trainees

Weekly in March and April
(alternating Tuesdays at 5:30PM ET/4:30 CT/3:30 MT/2:30 PT & Mondays at 12PM ET/11AM CT/10 MT/9 PT)

counseling.ufl.edu/healing-RT
Transformative healing of racial trauma includes re-positioning cultural identity as the first factor and not as an after-thought consideration. The inclusion of multicultural considerations at the end of a counseling theory, therapeutic approach, or diagnostic narrative is the inaccurate and inadequate manifestation of assimilation and colonization efforts. All people have had a unique multicultural intersectionality long before Kimberlé Crenshaw provided language for us in 1989. Of great concern, due to generational and complex trauma, individuals whose intersectionality comprises multiple marginalized identities need the most space, advocacy, and healing support. This presentation will introduce several client-narratives (oppressively known as “case studies”), for attendee encountering and propose ways of being, practices, and mind-sets that can be useful in approaching transformative healing work in our professional and personal interactions.

Upon successful completion of this session, participants will be able to
1. Identify influences and impact of socio-cultural positionality for persons of diverse intersectionalities
2. Recognize implicit biases and microaggressions that create and perpetuate re-traumatization for ethnic-minority and LGBTQ+ identified persons
3. Explore intrapersonal growth work to engage after this presentation to continue this journey of transformative healing