Speaker Series 2021 for Mental Health Professionals and Trainees

HEALING AND TRANSFORMING RACIAL TRAUMA
in the counseling field

Weekly in March and April
(alternating Tuesdays at 5:30PM ET/4:30 CT/3:30 MT/2:30 PT & Mondays at 12PM ET/11AM CT/10 MT/9 PT)

counseling.ufl.edu/healing-RT
This introspective space and embodiment experience will first cultivate a deeper level of insight regarding trauma triggers and healing needs before then identifying specific strategies and interventions intended to promote liberation and activism within our roles as clinicians and supervisees/supervisors. APA Guidelines on Multicultural Education, Training, Research, practice, and Organizational Change for Psychologists (2003) emphasizes the expectation that Psychologists cultivate a deeper awareness of biases, attitudes, and beliefs. Developing cultural competencies has become a known expectation within the field of counseling psychology. However, many emerging clinicians and researchers remain uncertain as to how to APPLY growing knowledge about competencies within their clinical and supervisory practices.

Upon successful completion of this session, participants will be able to:
1. Define cultural responsibility specific to the roles of clinician, supervisee, and supervisor
2. Assess and reduce the costly impact of a trauma trigger
3. Initiate a culturally salient conversation

Register:
bit.ly/healing-transforming-racial-trauma