The Counseling & Wellness Center provides 24/7 support for students in need of immediate assistance.

Examples of urgent needs may include: suicidal thoughts, you are unable to keep yourself physically safe, hearing voices or seeing things, experiencing a traumatic event (physical or sexual assault, witnessing a threat to life or safety, or the death of a loved one).

Is it Monday through Friday between 9am-4pm?

- yes
- no

If there is an immediate threat to a student’s physical safety, or a threat to another person’s physical safety, you are strongly encouraged to contact 911 or go to the nearest emergency room.

Can you come to either of our offices? We are located at 3190 Radio Road and on the 4th floor of Peabody Hall.

- yes
- no

Once you come in ask the receptionist to speak to an on-call counselor.

Call 352-392-1575 any time to speak to an on-call counselor.

If it is during business hours, ask the receptionist to speak to an on-call counselor. A counselor will return your call the same day.

If it is after 5pm and before 8am stay on the line, you will be connected to an on-call counselor.

3190 Radio Road & 4th Floor, Peabody Hall
352-392-1575
counseling.ufl.edu