

Act on
**SOCIAL
JUSTICE**



List and reflect on your social identity privileges (e.g., White, heterosexual, man or cisgender, middle-to-upper class, able-bodied, Christian).

from itspronouncedmetrosexual.com

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**Learn about how gender
is much more than
woman or man.**

from itspronouncedmetrosexual.com

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Discuss what your gender means to you with a friend you perceive to have the same gender, and one whose gender you perceive to be different.

from itspronouncedmetrosexual.com

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Write a list of all the stereotypes (positive and negative) you can think of for a social group (based on faith, ethnicity, etc).

from itspronouncedmetrosexual.com

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**Have a focused conversation
with someone, who doesn't
share one of your
privileged identities, about
their experience.**

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**Take the free online social
justice course: BAM! Best
Allyship Movement, available
at the CWC website.**

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**Follow a social justice-
focused group
on social media.**

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Talk to social justice educators about their stories and reasons for doing the work. Notice how that conversation may impact your understanding of equality and justice.

from itspronouncedmetrosexual.com

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**Comment on a social
justice-focused article you
read and ask for clarification
of a point you didn't under-
stand.**

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Notice if the forms you fill out (e.g., at school and the doctor's office) are inclusive of gender, sexual orientation, race, ethnicity, etc.

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**Learn about inclusive
language and help others
become aware of
their language.**

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**Understand that intentions
are less important than
outcomes, and hold
yourself accountable.**

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**Use the term “partner”
instead of boyfriend
or girlfriend.**

from itspronouncedmetrosexual.com

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Use your privilege in one area to lift the status of an underprivileged group (e.g., donate money if you have class privilege or write a blog if you have writing skills).

from itspronouncedmetrosexual.com

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**Be open to learning from
others, including those you
educate, as they will teach
you things you do not know.**

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**Do a web search about why
positive stereotypes
are not positive.**

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**Learn how to explain that
bisexuality is real, not just
“a step between gay and
heterosexual.”**

from itspronouncedmetrosexual.com

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**Practice listening openly
and deeply as you
engage in conversations
about social justice.**

from dailygood.org

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**Reflect on your social
advocacy/activism: What
stops you from speaking
up, speaking back,
or showing up?**

from dailygood.org

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Look for unquestioned assumptions. Identify and resist dominant narratives. Take time to push beyond surface critiques.

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**Read and take in some
inspiration from authors like
bell hooks, Vandana Shiva,
Arundhati Roy, Eduardo
Galeano, the Combahee River
Collective, Gloria Anzaldua,
Paolo Freire, and more...**

from dailygood.org

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Attend events, rallies, protests, vigils, workshops, book fairs, lectures, teach-ins, and seminars about social justice and diversity. Make it a priority to show up when folks have taken the time and effort to organize events to raise awareness about issues of power, privilege, and oppression.

from dailygood.org

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Share your story to give a voice to your experiences of everyday inequalities that mainstream media ignores. For instance, you can start blogging or take a seminar with The OpEd Project.

from dailygood.org

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**Raise your voice to say
something when you notice
injustice; drown out the
silence of indifference.**

from dailygood.org

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