List and reflect on your social identity privileges (e.g., White, heterosexual, man or cisgender, middle-to-upper class, able-bodied, Christian).

from itspronouncedmetrosexual.com
Learn about how gender is much more than woman or man.

from itspronouncedmetrosexual.com
Discuss what your gender means to you with a friend you perceive to have the same gender, and one whose gender you perceive to be different.

from itspronouncedmetrosexual.com
Write a list of all the stereotypes (positive and negative) you can think of for a social group (based on faith, ethnicity, etc).

from itspronouncedmetrosexual.com
Have a focused conversation with someone, who doesn’t share one of your privileged identities, about their experience.

from itspronouncedmetrosexual.com
Take the free online social justice course: BAM! Best Allyship Movement, available at the CWC website.
Follow a social justice-focused group on social media.

from itspronouncedtmetrosexual.com
Talk to social justice educators about their stories and reasons for doing the work. Notice how that conversation may impact your understanding of equality and justice.

from itspronouncedtmetrosexual.com
Comment on a social justice-focused article you read and ask for clarification of a point you didn’t understand.

from itspronouncedmetrosexual.com
Notice if the forms you fill out (e.g., at school and the doctor’s office) are inclusive of gender, sexual orientation, race, ethnicity, etc.
Learn about inclusive language and help others become aware of their language.

from itspronouncedmetrosexual.com
Act on SOCIAL JUSTICE

Understand that intentions are less important than outcomes, and hold yourself accountable.

from itspronouncedmetrosexual.com
Use the term “partner” instead of boyfriend or girlfriend.

from itspronouncedmetrosexual.com
Use your privilege in one area to lift the status of an underprivileged group (e.g., donate money if you have class privilege or write a blog if you have writing skills).

from itspronouncedmetrosexual.com
Be open to learning from others, including those you educate, as they will teach you things you do not know.

from itspronouncedmetrosexual.com
Do a web search about why positive stereotypes are not positive.

from itspronouncedmetrosexual.com
Learn how to explain that bisexuality is real, not just “a step between gay and heterosexual.”

from itspronouncedmetrosexual.com
Practice listening openly and deeply as you engage in conversations about social justice.

from dailygood.org
Reflect on your social advocacy/activism: What stops you from speaking up, speaking back, or showing up?

from dailygood.org
Look for unquestioned assumptions. Identify and resist dominant narratives. Take time to push beyond surface critiques.
Read and take in some inspiration from authors like bell hooks, Vandana Shiva, Arundhati Roy, Eduardo Galeano, the Combahee River Collective, Gloria Anzaldúa, Paolo Freire, and more...

from dailygood.org
Act on SOCIAL JUSTICE

Attend events, rallies, protests, vigils, workshops, book fairs, lectures, teach-ins, and seminars about social justice and diversity. Make it a priority to show up when folks have taken the time and effort to organize events to raise awareness about issues of power, privilege, and oppression.

from dailygood.org
Act on Social Justice

Share your story to give a voice to your experiences of everyday inequalities that mainstream media ignores. For instance, you can start blogging or take a seminar with The OpEd Project.

from dailygood.org
Act on SOCIAL JUSTICE

Raise your voice to say something when you notice injustice; drown out the silence of indifference.

from dailygood.org